



Walt Disney Parks and Resorts is committed to offering a wide range of options for you and your family. In order to assist Guests with their dining choices, we are able to provide lists of products that may be available. Please note that while we strive to provide as much information as possible, product offerings are subject to change at any time without notice and may not be available at all locations or at the locations suggested on these guides. Guests should notate any special dietary requests at the time of booking their dining reservation. Guests may also speak with a chef or manager upon arrival at the dining location.

WALT DISNEY WORLD® Resort - Milk-friendly, Egg-friendly, Tree Nut-friendly and Peanut-friendly Dietary Guide

Disney's All-Star Resorts

End Zone Food Court - All Star Sports

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gardenburger Malibu Veggie Patty
 Milk - Lactaid
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®

Intermission Food Court - All Star Music

Aproten Low Protein Penne Pasta
 Egg Replacement Powder - Ener-G®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®

World Premiere Food Court - All Star Movies

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®

Gardenburger Malibu Veggie Patty
 Milk - Lactaid
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Ice Cream - Rice Dream®

Disney's Animal Kingdom Lodge

Boma

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Sea Salt Rice Chips - Lundberg Farms®
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Snickerdoodle Cookies - Enjoy Life®
 Sorbet Raspberry (Dairy Free) - Haagen-Daz®
 Sugar Crisp Cookies- Enjoy Life®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Vegan Mozzarella Cheese

Jiko

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Sea Salt Rice Chips - Lundberg Farms®
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Snickerdoodle Cookies - Enjoy Life®
 Sorbet Raspberry (Dairy Free) - Haagen-Daz®
 Sugar Crisp Cookies- Enjoy Life®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Vegan Mozzarella Cheese

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Sanaa

- Carrot/Spice Cake Mix - Namaste
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®
- Sea Salt Rice Chips - Lundberg Farms®
- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sorbet Raspberry (Dairy Free) - Haagen-Daz®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Vanilla Rice Drink - Rice Dream®
- Vegan Mozzarella Cheese

The Mara

- Carrot/Spice Cake Mix - Namaste
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®
- Sea Salt Rice Chips - Lundberg Farms®
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sorbet Raspberry (Dairy Free) - Haagen-Daz®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®
- Vanilla Rice Drink - Rice Dream®
- Vegan Mozzarella Cheese

Disney's Animal Kingdom® Theme Park

Flame Tree Barbecue

- Choc Chip Cookies - Enjoy Life®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk
- Tapioca Hot Dog Roll - Ener-G®

Gardens Kiosk (Allergy Cart)

- Choc Chip Cookies - Enjoy Life®
- Fruity Gummy Bears - Surf Sweets®
- Honey Dijon Rice Chips - Lundberg Farms®
- Live Granola Bar - Go Raw®
- Sea Salt Rice Chips - Lundberg Farms®

Pizzafari

- Choc Chip Cookies - Enjoy Life®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk

Restaurantosaurus

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Gardenburger Malibu Veggie Patty

Tusker House Restaurant

- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®

- Elbow Pasta, Brown Rice - Tinkyada®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sugar Crisp Cookies- Enjoy Life®
- Vanilla Honey Graham Cookies- Enjoy Life®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Rice Drink - Rice Dream®
- Waffle & Pancake Mix - Namaste

Disney's Blizzard Beach Water Park

Blizzard Beach

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®

Disney's BoardWalk Resort Area

BoardWalk Bakery

- Chocolate Cake Mix - Namaste
- Egg Replacement Powder - Ener-G®
- Hummus Cups and Pretzels - Sabra®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk
- Vanilla Cake Mix - Namaste

ESPN Sports Club

- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk

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Trattoria al Forno

Hummus Cups and Pretzels - Sabra®
 Pasta, spaghetti gluten free
 Rice Milk - Pacific Natural Foods®
 Silk Original Soymilk
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Waffle & Pancake Mix - Namaste

Disney's Caribbean Beach Resort

Old Port Royale

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Rice Crispy Milk Chocolate Bar - Enjoy Life®
 Rice Milk - Pacific Natural Foods®
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Soy Free Spread - Earth Balance
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Waffle & Pancake Mix - Namaste

Shutters at Old Port Royale

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Rice Crispy Milk Chocolate Bar - Enjoy Life®
 Rice Milk - Pacific Natural Foods®
 Silk Chocolate Soymilk
 Silk Original Soymilk

Silk Vanilla Soymilk
 Soy Free Spread - Earth Balance
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Waffle & Pancake Mix - Namaste

Disney's Contemporary Resort

California Grill

Elbow Pasta, Brown Rice - Tinkyada®
 Milk - Lactaid

Contempo Café

Beefless Burger - Gardein™
 Chicken Tenders - AllergyFree
 Chick'n Breasts - Gardein™
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gluten Free Waffles - Van's™
 Milk - Lactaid
 Penne Pasta Brown Rice - Tinkyada®
 Soy Free Spread - Earth Balance
 Waffle & Pancake Mix - Namaste

Disney's Fort Wilderness Resort & Campground

Mickey's Backyard BBQ

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gardenburger Malibu Veggie Patty
 Gluten Free Waffles - Van's™
 Rice Milk - Pacific Natural Foods®

Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Soy Free Spread - Earth Balance
 Tapioca Hot Dog Roll - Ener-G®
 Tapioca Roll - Ener-G®
 Vanilla Ice Cream - Rice Dream®

Pioneer Hall - Hoop De Doo Review

Aproten Low Protein Penne Pasta
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Elbow Pasta, Brown Rice - Tinkyada®
 Gardenburger Malibu Veggie Patty
 Gluten Free Waffles - Van's™
 Rice Milk - Pacific Natural Foods®
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Soy Free Spread - Earth Balance
 Tapioca Hot Dog Roll - Ener-G®
 Tapioca Roll - Ener-G®
 Vanilla Ice Cream - Rice Dream®

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Disney's Grand Floridian Resort & Spa

1900 Park Fare

- Beefless Burger - Gardein™
- Beefless Tips - Gardein™
- Blue Agave Nectar
- Breaded Chick'n Tenders - Gardein™
- Chicken Tenders - AllergyFree
- Chick'n Breasts - Gardein™
- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Fruity Gummy Bears - Surf Sweets®
- Gardenburger Malibu Veggie Patty
- Hummus Cups and Pretzels - Sabra®
- Live Banana Bread Bar- Go Raw®
- Live Granola Bar - Go Raw®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sugar Crisp Cookies- Enjoy Life®
- Sugar Free Syrup- home Brand
- Vanilla Honey Graham Cookies- Enjoy Life®
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste

Citrico's

- Aproten Low Protein Penne Pasta
- Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Elbow pasta gluten free

Fruity Gummy Bears - Surf Sweets®

Pasta penne gluten free

Silk Chocolate Soymilk

Silk Original Soymilk

Vanilla Ice Cream - Rice Dream®

Gasparilla Island Grill

- Beefless Burger - Gardein™
- Beefless Tips - Gardein™
- Blue Agave Nectar
- Breaded Chick'n Tenders - Gardein™
- Chicken Tenders - AllergyFree
- Chick'n Breasts - Gardein™
- Choc Chip Cookies - Enjoy Life®
- Chocolate Cake Mix - Namaste
- Elbow Pasta, Brown Rice - Tinkyada®
- Fruity Gummy Bears - Surf Sweets®
- Gardenburger Malibu Veggie Patty
- Hummus Cups and Pretzels - Sabra®
- Live Banana Bread Bar- Go Raw®
- Live Granola Bar - Go Raw®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®

Silk Chocolate Soymilk

Silk Original Soymilk

Sugar Crisp Cookies- Enjoy Life®

Sugar Free Syrup- home Brand

Vanilla Honey Graham Cookies- Enjoy Life®

Vanilla Ice Cream - Rice Dream®

Waffle & Pancake Mix - Namaste

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Grand Floridian Café

- Beefless Burger - Gardein™
- Beefless Tips - Gardein™
- Blue Agave Nectar
- Breaded Chick'n Tenders - Gardein™
- Chicken Tenders - AllergyFree
- Chick'n Breasts - Gardein™
- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Fruity Gummy Bears - Surf Sweets®
- Gardenburger Malibu Veggie Patty
- Hummus Cups and Pretzels - Sabra®
- Live Banana Bread Bar- Go Raw®
- Live Granola Bar - Go Raw®
- Milk - Lactaid
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Sugar Crisp Cookies- Enjoy Life®
- Sugar Free Syrup- home Brand
- Vanilla Honey Graham Cookies- Enjoy Life®
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste

Narcoossee's

- Beefless Burger - Gardein™

- Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Pasta penne gluten free

Silk Chocolate Soymilk

Silk Vanilla Soymilk

Tamari, WF and Red. Sodium - San-J

Tapioca Roll - Ener-G®

Vanilla Honey Graham Cookies- Enjoy Life®

Victoria & Albert's

Silk Original Soymilk

Disney's Hollywood Studios®

ABC Commissary

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®

Backlot Express

- Chicken Tenders - AllergyFree
- Rice Milk - Pacific Natural Foods®

Hollywood & Vine

- Aproten Low Protein Penne Pasta
- Blue Agave Nectar
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Quiona Pasta, GF, Elbows - Ancient Harvest®
- Silk Chocolate Soymilk

Silk Vanilla Soymilk

Sorbet Raspberry (Dairy Free) - Haagen-Daz®

Spaghetti Brown Rice - Tinkyada®

Vanilla Ice Cream - Rice Dream®

Hollywood Brown Derby

- Chicken Tenders - AllergyFree
- Elbow Pasta, Brown Rice - Tinkyada®
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®

Mama Melrose's Ristorante Italiano

- Aproten Low Protein Penne Pasta
- Choc Chip Cookies - Enjoy Life®
- Penne Pasta Brown Rice - Tinkyada®
- Potato Flour
- Rice Milk - Pacific Natural Foods®
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®
- Vegan Mozzarella Cheese

Pizza Planet

- Choc Chip Cookies - Enjoy Life®
- Vegan Mozzarella Cheese

Prime Time Cafe

- Aproten Low Protein Penne Pasta
- Blue Agave Nectar
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Quiona Pasta, GF, Elbows - Ancient Harvest®
- Sea Salt Rice Chips - Lundberg Farms®
- Silk Vanilla Soymilk
- Sorbet Raspberry (Dairy Free) - Haagen-Daz®
- Vanilla Ice Cream - Rice Dream®

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Sci-Fi Dine-In Theater

- Aproten Low Protein Penne Pasta
- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Gardenburger Malibu Veggie Patty
- Penne Pasta Brown Rice - Tinkyada®
- Rice Milk - Pacific Natural Foods®
- Silk Original Soymilk
- Vanilla Ice Cream - Rice Dream®

Studio Catering Co.

- Chicken Tenders - AllergyFree
- Rice Milk - Pacific Natural Foods®

Sunset Ranch Market, Starring Roll's Bakery, Min & Bill's

- Chicken Tenders - AllergyFree
- Hummus Cups and Pretzels - Sabra®
- Vanilla Ice Cream - Rice Dream®

Disney's Polynesian Resort

Captain Cook's

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tamari, WF and Red. Sodium - San-J
- Vanilla Ice Cream - Rice Dream®

Disney's Polynesian Resort

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®

Rice Milk - Pacific Natural Foods®

Silk Chocolate Soymilk

Silk Original Soymilk

Silk Vanilla Soymilk

Snickerdoodle Cookies - Enjoy Life®

Tamari, WF and Red. Sodium - San-J

Vanilla Ice Cream - Rice Dream®

Kona Café

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tamari, WF and Red. Sodium - San-J
- Vanilla Ice Cream - Rice Dream®

Ohana

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tamari, WF and Red. Sodium - San-J
- Vanilla Ice Cream - Rice Dream®

Disney's Pop Century Resort/Art of Animation R

Everything Pop Shopping and Dining

- Aproten Low Protein Penne Pasta
- Beefless Burger - Gardein™

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Fruity Gummy Bears - Surf Sweets®
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Hot Dog Roll - Ener-G®
- Tapioca Roll - Ener-G®
- Vanilla Rice Drink - Rice Dream®
- Vegan Mozzarella Cheese

Landscapes of Flavor

- Beefless Burger - Gardein™
- Chicken Tenders - AllergyFree
- Egg Replacement Powder - Ener-G®
- Falafel Chips

- Fruity Gummy Bears - Surf Sweets®
- Honey Dijon Rice Chips - Lundberg Farms®
- Hummus Cups and Pretzels - Sabra®
- Milk - Lactaid
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Silk Vanilla Soymilk
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®
- Vanilla Rice Drink - Rice Dream®
- Vegan Mozzarella Cheese

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Disney's Port Orleans Resort

Port Orleans Resort - French Quarter

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Milk - Lactaid
 Pasta penne gluten free
 Pasta, spaghetti gluten free
 Vanilla Ice Cream - Rice Dream®
 Vegetarian Beef Crumble

Port Orleans Resort - Riverside

Breaded Chick'n Tenders - Gardein™
 Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Elbow pasta gluten free
 Milk - Lactaid
 Pasta penne gluten free
 Pasta, spaghetti gluten free
 Rice Milk - Pacific Natural Foods®
 Vegetarian Beef Crumble
 Waffle & Pancake Mix - Namaste

Disney's Saratoga Springs Resort & Spa

Artist's Palette

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®
 Egg Replacement Powder - Ener-G®
 Honey Dijon Rice Chips - Lundberg Farms®
 Live Granola Bar - Go Raw®
 Sea Salt Rice Chips - Lundberg Farms®

The Turf Club Bar & Grill

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®
 Elbow Pasta, Brown Rice - Tinkyada®
 Tapioca Roll - Ener-G®

Disney's Typhoon Lagoon Water Park

Disney's Typhoon Lagoon Water Park

Chicken Tenders - AllergyFree
 Choc Chip Cookies - Enjoy Life®

Disney's Wilderness Lodge

Artist Point

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Waffle & Pancake Mix - Namaste

Roaring Forks

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Waffle & Pancake Mix - Namaste

Whispering Canyon Café

Carrot/Spice Cake Mix - Namaste
 Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Spaghetti Brown Rice - Tinkyada®
 Vanilla Cake Mix - Namaste
 Vanilla Ice Cream - Rice Dream®
 Vanilla Rice Drink - Rice Dream®
 Waffle & Pancake Mix - Namaste

Disney's Yacht & Beach Club Resorts

Beaches & Cream Soda Shop

Gardenburger Malibu Veggie Patty
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk
 Vanilla Ice Cream - Rice Dream®

Cape May Café

Chicken Tenders - AllergyFree
 Chocolate Cake Mix - Namaste
 Elbow Pasta, Brown Rice - Tinkyada®
 Penne Pasta Brown Rice - Tinkyada®
 Rice Milk - Pacific Natural Foods®
 Silk Chocolate Soymilk
 Silk Original Soymilk
 Silk Vanilla Soymilk

Captain's Grille

- Chicken Tenders - AllergyFree
- Choc Chip Cookies - Enjoy Life®
- Egg Replacement Powder - Ener-G®
- Elbow Pasta, Brown Rice - Tinkyada®
- Pasta penne gluten free
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk

- Soy Free Spread - Earth Balance
- Vanilla Ice Cream - Rice Dream®
- Waffle & Pancake Mix - Namaste

Yachtsman Steakhouse

- Elbow Pasta, Brown Rice - Tinkyada®

Downtown Disney® Area

Disney Quest - FoodQuest

- Chicken Tenders - AllergyFree
- Gardenburger Malibu Veggie Patty
- Tapioca Hot Dog Roll - Ener-G®

Epcot® Park

Akershus Restaurant

- Choc Chip Cookies - Enjoy Life®
- Gluten Free Waffles - Van's™
- Potato Flour
- Rice Milk - Pacific Natural Foods®
- Silk Chocolate Soymilk
- Silk Original Soymilk
- Silk Vanilla Soymilk

- Snickerdoodle Cookies - Enjoy Life®
- Soy Free Spread - Earth Balance
- Sugar Crisp Cookies- Enjoy Life®
- Sugar Free Syrup- home Brand
- Tapioca Roll - Ener-G®
- Vanilla Rice Drink - Rice Dream®

Biergarten Restaurant

- Choc Chip Cookies - Enjoy Life®
- Elbow Pasta, Brown Rice - Tinkyada®
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Silk Original Soymilk
- Spaghetti Brown Rice - Tinkyada®
- Tapioca Roll - Ener-G®

Coral Reef Restaurant

- Chicken Tenders - AllergyFree
- Chick'n Breasts - Gardein™
- Choc Chip Cookies - Enjoy Life®
- Silk Vanilla Soymilk
- Snickerdoodle Cookies - Enjoy Life®
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®

Electric Umbrella Restaurant

- Chicken Tenders - AllergyFree

Le Cellier

- Penne Pasta Brown Rice - Tinkyada®
- Silk Original Soymilk
- Soy Free Spread - Earth Balance
- Tapioca Roll - Ener-G®
- Vanilla Ice Cream - Rice Dream®

Liberty Inn

- Chicken Tenders - AllergyFree

Rose & Crown Restaurant

- Aproten Low Protein Penne Pasta
- Spaghetti Brown Rice - Tinkyada®
- Vanilla Ice Cream - Rice Dream®

Sunshine Seasons

- Beefless Tips - Gardein™
- Choc Chip Cookies - Enjoy Life®
- Fruity Gummy Bears - Surf Sweets®
- Rice Crispy Milk Chocolate Bar - Enjoy Life®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk

The Garden Grill

- Choc Chip Cookies - Enjoy Life®
- Silk Chocolate Soymilk
- Silk Vanilla Soymilk

ESPN Wide World of Sports

ESPN Wide World of Sports Grill

- Choc Chip Cookies - Enjoy Life®
- Live Granola Bar - Go Raw®
- Sea Salt Rice Chips - Lundberg Farms®

Magic Kingdom® Park

Be Our Guest Restaurant

- Choc Chip Cookies - Enjoy Life®
- Chocolate Cake Mix - Namaste
- Egg Replacement Powder - Ener-G®
- Quiona Pasta, GF, Elbows - Ancient Harvest®
- Silk Vanilla Soymilk
- Tapioca Roll - Ener-G®
- Vanilla Cake Mix - Namaste
- Vanilla Ice Cream - Rice Dream®

Walt Disney Parks and Resorts will use reasonable efforts to prevent the introduction of the allergen of concern into the food through close attention during our sourcing, preparation and handling process. However, it is ultimately up to the Guest to use his or her individual discretion to make an informed choice regarding whether to order or consume any particular item(s). Walt Disney Parks and Resorts cannot guarantee that allergens may not have been introduced during another stage of the food handling process, or even inadvertently during preparation. We do not have separate kitchens to prepare allergen-free items or separate dining areas for Guests with allergies or intolerances. Guests with food allergies or intolerances are allowed to bring food items into any Disney theme park or resort. Please inform the Security Cast Member at bag check that someone in the party has a food allergy or intolerance.

Casey's Corner

Choc Chip Cookies - Enjoy Life®

Cinderella's Royal Table

Chicken Tenders - AllergyFree

Chocolate Cake Mix - Namaste

Gluten Free Waffles - Van's™

Silk Chocolate Soymilk

Silk Vanilla Soymilk

Vanilla Cake Mix - Namaste

Vanilla Ice Cream - Rice Dream®

Columbia Harbour House

Chicken Tenders - AllergyFree

Choc Chip Cookies - Enjoy Life®

Cosmic Ray's Starlight Café

Choc Chip Cookies - Enjoy Life®

Liberty Tree Tavern

Choc Chip Cookies - Enjoy Life®

Egg Replacement Powder - Ener-G®

Silk Chocolate Soymilk

Silk Vanilla Soymilk

Vanilla Ice Cream - Rice Dream®

Main Street, USA

Chicken Tenders - AllergyFree

Vanilla Ice Cream - Rice Dream®

Peco's Bill's Café

Choc Chip Cookies - Enjoy Life®

Pinocchio Village Haus

Choc Chip Cookies - Enjoy Life®

The Crystal Palace

Chicken Tenders - AllergyFree

Egg Replacement Powder - Ener-G®

Gluten Free Waffles - Van's™

Milk - Lactaid

Rice Milk - Pacific Natural Foods®

Silk Chocolate Soymilk

Tamari, WF and Red. Sodium - San-J

Vanilla Ice Cream - Rice Dream®

The Plaza Restaurant

Chicken Tenders - AllergyFree

Vanilla Ice Cream - Rice Dream®

Tony's Town Square Restaurant

Chicken Tenders - AllergyFree

Penne Pasta Brown Rice - Tinkyada®

Quiona Pasta, GF, Elbows - Ancient Harvest®

Silk Chocolate Soymilk

Silk Vanilla Soymilk

Soy Free Spread - Earth Balance

Tapioca Roll - Ener-G®

Vanilla Ice Cream - Rice Dream®

Tortuga Tavern

Choc Chip Cookies - Enjoy Life®